

DOGGY DIARRHEA CHEAT SHEET

When to Call the Vet:

- Diarrhea lasts longer than 24 hours
- Blood or mucus in the stool
- Vomiting along with diarrhea
- Lethargy or loss of appetite
- Fever (body temperature greater than 102.5F or 39.1C)
- Severe abdominal pain (whimpering, hunched posture)

If your pup seems otherwise happy and healthy, you can try these home remedies:

Bland Diet - This gentle diet helps soothe your dog's digestive system.

Ingredients: Cooked, boneless, skinless chicken breast, boiled white rice, and low-sodium chicken broth.

Instructions: Mix in a 1:1:1 ratio (chicken:rice:broth) and offer small portions throughout the day.

Probiotics - Live bacteria that can help restore the natural balance of gut flora.

Popular options:

Provable

Fortiflora

Visbiome

Canned Pumpkin (Plain, Not Pie Filling!)

Pumpkin is a natural source of fiber, which can help firm up stools.

Start with 1-2 tablespoons for small dogs, 2-4 tablespoons for medium dogs, and 4-6 tablespoons for large dogs, mixed into their food.

Toast with Chicken Broth

Toast a slice of whole-wheat bread and soak it in low-sodium chicken broth.

Remember:

These are just home remedies - if your dog's condition worsens or doesn't improve within a day, call your veterinarian.

Always consult your vet before giving your dog any medications or supplements.

Stay Poop-sitive! With a little TLC, your furry friend should be back to their tail-wagging self in no time.



